Shift: Learn how to shift your thinking about challenging kids and how to understand their behavior.

What will you Learn?
- Learn why children sometimes struggle to meet day-to-day expectations
- Get help addressing conflicts in a way that also helps build crucial thinking skills
- Mindfully choose how to respond when challenging behaviors occur
- Connect with other parents and caregivers in a compassionate and nonjudgmental setting

Evidence-Based Approach
This workshop is based on the books written by both Dr. Stuart Ablon and Dr. Ross Greene: Changeable, Lost at School, Treating Explosive Kids, and The School Discipline Fix

The Arc of Union County, Children Services Department Presents
Rethinking Challenging Behaviors

THURSDAY, OCTOBER 22, 2020
7:00PM TO 9:00PM | Q&A SESSION TO FOLLOW
Babysitting Available!

LOCATED AT KOHLER ACADEMY
1137 Globe Ave. Mountainside, NJ 07092
Park at the rear and enter through red double doors

For Babysitting Information or to RSVP Contact
Donna Kell: 908.232.0388 | dkell@arcunion.org